

Malkkeum Cleaning Routine Checklist

Split tasks by frequency and ten minutes a day keeps your home in shape. Tick a box as you go.

◆ Daily (10 minutes)

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Wipe the sink dry and run hot water for 30 seconds after dishes	☐	☐	☐	☐	☐	☐	☐
Squeegee bathroom walls and mirror after showering	☐	☐	☐	☐	☐	☐	☐
Take laundry out right away and leave the washer door open	☐	☐	☐	☐	☐	☐	☐
Pull back the covers and air the room for 10 minutes	☐	☐	☐	☐	☐	☐	☐
Put things on the floor back where they belong	☐	☐	☐	☐	☐	☐	☐

◆ Weekly (1 hour)

	W1	W2	W3	W4	W5
Vacuum and mop the floors	☐	☐	☐	☐	☐
Wash bedding and towels	☐	☐	☐	☐	☐
Steam clean the microwave	☐	☐	☐	☐	☐
Clean the kitchen sink strainer	☐	☐	☐	☐	☐
Citric acid on the toilet; wipe sink and faucets	☐	☐	☐	☐	☐
Check food dates in the fridge	☐	☐	☐	☐	☐
Sanitize cutting boards (oxygen bleach)	☐	☐	☐	☐	☐
Empty the dishwasher filter	☐	☐	☐	☐	☐

◆ Monthly (half a day)

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Clean the washing machine	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Degrease the hood filter and cooktop	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Check grout and silicone for mold	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Descale the kettle	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Run a dishwasher cleaning cycle	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Vacuum the mattress	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐
Check and replace moisture absorbers and deodorizers	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

◆ Every season (one weekend day)

	Spr	Sum	Aut	Win
Window screens and tracks	☐	☐	☐	☐
Deep clean the fridge	☐	☐	☐	☐
Tidy and deodorize the shoe cabinet	☐	☐	☐	☐
Deep clean a fabric sofa or condition a leather one	☐	☐	☐	☐
Descale the shower head	☐	☐	☐	☐
Swap seasonal clothes and bedding	☐	☐	☐	☐

One cleaner at a time. Never mix bleach (chlorine) with citric acid or vinegar (acids).

Full guide: <https://malkkeumi.com/en/magazine/cleaning-routine/>